

BARTH CLINIC

Mast Test

	1.	Do you feel you are a normal drinker?	Yes	No
	2.	Have you awakened the next morning after drinking and couldn't remember the night before?	Yes	No
	3.	Do your relatives complain about your drinking?	Yes	No
(3)	4.	Can you stop without a struggle after 1 or 2 drinks?	Yes	No
	5.	Do you ever feel bad about your drinking?	Yes	No
	6.	Do friends/relatives think you are a normal drinker?	Yes	No
(4)	7.	Have you ever limited your drinking to set times/places?	Yes	No
(3)	8.	Are you always able to stop drinking when you want to?	Yes	No
(4)	9.	Have you ever attended an Alcoholics Anonymous meeting?	Yes	No
	10.	Have you ever gotten into fights when drinking?	Yes	No
	11.	Has drinking created problems with you and your wife?	Yes	No
	12.	Has your spouse/other family member ever gone to anyone for help about your drinking? Al-Anon?	Yes	No
(6)	13.	Have you ever lost friends/girlfriends/boyfriends because of your drinking?	Yes	No
(6)	14.	Were you ever in trouble at work because of drinking?	Yes	No
(6)	15.	Have you ever lost a job because of drinking?	Yes	No
(6)	16.	Have you ever neglected your obligations/family/work for 2 or more days in a row because of your drinking?	Yes	No
(2)(b)	17.	Do you ever drink before noon (or lunch)?	Yes	No
	18.	Have you been told you have liver trouble? Cirrhosis?	Yes	No
(2)(a)	19.	Have you ever had "D.T.'s"/shakes after heavy drinking?	Yes	No
	20.	Have you ever gone to anyone for help about your drinking?	Yes	No
	21.	Have you ever been in a hospital because of drinking?	Yes	No
	22.	Have you ever been a patient in a psychiatric/general hospital where drinking was part of the problem?	Yes	No
	23.	Have you been seen by a psychiatric/social worker or clergyman for help in which drinking played a part?	Yes	No
	24.	Have you ever been arrested even for a few hours because of drunk/intoxicated behavior?	Yes	No
	25.	Have you ever been arrested for drunk driving?	Yes	No

Patient _____ Date _____

Counselor _____ Date _____ Score _____